

Ski School



And



Presents

Skiing & Snowboarding Winter 2012

Jan. 7, 14, 21, 28

Feb 4, 11, 25

Registration Packet

[Friend us on facebook](#)

Welcome to the Vashon Ski School Winter 2012 Program.

Dear Parents and Snow Enthusiasts:

The Vashon Ski School enters its 64 year as strong as ever. We have carefully crafted Vashon Ski School to bring you a value-added experience. This year we are able to offer you the mountain without raising our Bus Fee. That's right; the bus fare will remain the same as last year. Going into our 3rd year of lessons with Ski Masters, we are pleased to announce only a slight increase of \$4 along with discounted Season Lift Passes from the Summit at Snoqualmie, available for **purchase until December 15**.

Vashon Ski School promotes Vashon youth and adult travel from the Island into the Cascades for winter sports and tons of snow fun. Ski Masters offers lots of learning options that we highly recommend for Vashonites! A Ski Chalet on the mountain is available to warm up, dry out and always a buzz with fun activities and hot chocolate. In addition, Ski Master's skiing and snowboarding lessons are aimed at multiple age groups and skill levels.

This is going to be a great snow year on the slopes! We are excited to have you join us. Please read the following pages carefully and fill out all the forms in detail.

This packet must be completed and **returned to Vashon Park District by December 15** in order for you and/or your child to participate in Vashon Ski School.

Thank you and we look forward to seeing you all as soon as the snow flies!

Sincerely,

Vashon Ski School Board

Jim Lynch, Chair
Char Phillips, Vice Chair
Anjae Vaughan, Treasurer
David Oldham, Secretary
Chris Terp, Member
Heidi Skrzypek, Member
Karen Powers, Member



Vashon Park District welcomes you to this year's Partner winter snow program with Vashon Ski School and Ski Masters. Our goal is to make registrations as simple as possible. Feel free to contact me at anytime for assistance during your registration process.

Sincerely

Nancy Brocard

Office Assistant/ Program Registrar

Vashon Park District

PO Box 1608

Vashon, WA 98070

Phone: 206-463-9602

Fax: 206-463-9614

Office Hours: 8 AM to 4 PM

Ober Admin Bldg - 17130 Vashon Hwy SW

nbrocard@vashonparkdistrict.org



Vashon Ski School Bus Information

Keep and Post on the Fridge!



7 weeks of transportation

To Snoqualmie 'Summit West' Ski Area

Jan 7, 14, 21, 28, Feb 4, 11, 25

Cost: \$150 (same as last 2 years)

Trip to Ski Area

Bus Loads When: 8:50 AM

Bus Leaves: 9:00 AM

**9:40 Ferry
Departure**

Where: Vashon High School Parking Lot

Please arrive early. We won't wait for you!!.

[Updates on facebook](#)

Trip Home: First 6 Trips Last Trip Feb 25

Bus loads: 5:45 PM

Ferry to Island: 7:40 PM

Pick up at VHS: 8:15 PM



4:45 PM

6:40 PM

9:00 PM

Awards Night and Spaghetti Feed

on Saturday, February 25

Same night as the last trip. Get off the bus, get fed, win some prizes. Sounds like fun! Join us in the

Vashon High School Commons 7:10-9:00 PM.

Race Results, Prizes, Drawings, Spaghetti and of course Garlic Bread!

Limited Single 'Ride Up' seats for \$30

For one time roundtrip bus ride ' Information and/or Reservation

contact: Nancy at VPD (206) 463-9602 before 3 PM Friday

Or Anjae at cell (206) 356-8993 or

anjaelav@yahoo.com



Get Gear' D' UP

Gently Used Equipment
and Snow Clothing Sale

November 12th, Saturday

8:30 AM-3:30 PM

Vashon Theatre



Sponsored by K2
and



Then...Get Psyched Up!

**Watch the fun snow flicks
from K2 and Voluerz™**

A Ski and Snowboard Movie 2 to 4 PM

(Almost free..suggested Donation \$5-\$7)

Lots of inexpensive Gear, Drawings, Freebies and Schwag at the Movie!

\$20 Bus to Crystal Mountain Dec 10th if the snow flies.

(see Crystal flyer for more information)

To sell gear, please bring it Friday Nov. 11th between 8 and 4 PM to Vashon Park District Office at Ober Park or day of Sale early to the Vashon Theatre Parking lot!.

Please make sure that your equipment is clearly marked with:

Your name, phone number and price!

(Vashon Ski School will retain 20% of the sales price)



How Do I RENT Gear?

If you **DO NOT** have equipment you are responsible for rounding up your own.

The following options are suggestions on where to get seasonal rentals.

**Seasonal Rental gear is available at the following
locations: Helmets are required to participate!**

<p>Sturtevant's Ski Mart 2220 South 37 St Tacoma 253-473-1134</p>	<p>Alpine Hut 2215 15th Ave W Seattle 206-284-3575</p>
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Or at The Summit at Snoqualmie

For a comprehensive list go to: www.skimasters.net or

Visit Nancy at Vashon Park District



How do I get on the Lift?

The bus arrives at the Summit mid-morning.

Ski Masters lessons start at 12:30 PM.

This lesson start time does **not allow for half day ticket purchases.**

Full day tickets for 7 weeks will exceed the cost of a L-T-D Season Lift Pass.

Therefore, we recommend you purchase a L-T-D season pass at the Ski Masters special rate. We strongly recommend the purchase of a seasons pass for ease of use. This saves you from remembering to send the lift money.

In order to qualify for the Summit at Snoqualmie discount Season Pass you must have your name on the Ski Masters Student List. Be sure to fill out the Ski Masters Lesson form even if you are not taking lessons.

If you do not fill out the Ski Masters Lesson Registration form

The Summit at Snoqualmie has the right to take your Discounted pass away without a refund.

Age	Day Ticket w/ Tax	X 7=	Discounted* L-T-D Season Pass: No Alpentel on Weekends		Discounted ** Unlimited Season Pass includes Alpentel on Weekends w/ Tax
			Age	w/ Tax	
Youth (7-12)	\$40	\$280	Youth (7-12)	\$226.97	\$259.55
Teen/Adult (13-18)	\$59	\$413	Teen (13-18)	\$281.27	\$324.71
Adult (19 -61)	\$59	\$413	Adult (19 +)	\$335.57	\$400.73
Child (0-6) Super Senior (70+)	\$12	\$84	Child (0-6)	NA	\$74.93
Senior (61-69)	\$40	\$280			

***L-T-D** ~The 2011-2012 Big S L-T-D is valid everyday of the 2011-2012 winter season, except Saturday and Sunday at Alpentel. Big S L-T-D Passholders enjoy the following benefits:\$10 discounts on weekend lift tickets at Alpentel (limit one per day, for passholder only), Tons of great discounts through our Big S Club, Discounted tickets for our Tubing Center – only \$5! Unlimited use of The Summit Nordic & Snowshoe Center Trail System

****Unlimited** ~ The 2011-2012 Big S Unlimited is valid everyday of the 2011-2012 winter season at The Summit and Alpentel from opening to close. Big S Unlimited Passholders enjoy the following benefits:Tons of great discounts through our Big S Club, discounted tickets for our Tubing Center – only \$5! Unlimited use of The Summit Nordic & Snowshoe Center Trail System.

All single day lift tickets must be purchased at the Summit ticket window on day of skiing.

Discounted Season Passes for Lift at The Summit at Snoqualmie are available until

Dec 15 at Vashon Park District.

After Dec 15, full price Season Pass may only be purchased at The Summit at Snoqualmie.

Reduced Fee Awards/Financial Assistance is available at Vashon Park District. Please note: The Vashon Ski School Board approves 25% and 50% levels of Reduced Fee Awards limited by a fixed ceiling amount to their program.

To apply for a Reduced Fee award please visit Vashon Park District Office between 8 AM and 4 PM M-F. If you have a question on how to apply or anything else in this packet please call Nancy at 206-463-9602 Vashon Park District.



Join us for a Day Trip to Crystal Mountain

Vashon Ski School wants to get up on the slopes early this season! Go dust off your gear, tune up your edges and ready your snow muscles! The Bus is gassing up!

Catch a ride with us for only **\$20 if you sign up by November 15 after that it jumps to \$30**

This trip will be **December 10** unless there is not enough snow, the alternative date is December 17. So do your snow dance daily.

The \$20 covers the bus only.

Discount lift passes might be available as we get closer to this date.

Please call VPD and ask for Nancy for more details:

206-463-9602 or Vashon Ski Board member

Anjae Vaughan on her cell: (206) 356-8993

or  to check for updates.

This trip is sponsored by



Vashon Ski School



Vashon Ski School Registration Form

7 weeks of Fun!

7 Weeks of Lessons

7 Weeks of Bus Transportation

7 weeks at the Summit at Snoqualmie

Saturdays January 7, 14, 21, 28, Feb 4, 11, 25

Bus Fare \$150

(Same as last year)

Yes, I want to take the bus \$_____ \$150

No, I don't want to take the bus!

Lessons \$170

Yes, I am taking Lessons \$_____ \$170

Yes, I have completed the attached Ski Masters form!

No, I am not taking Lessons, but I have signed the Ski Masters Waiver.

Crystal Day Trip \$20

Yes, I want to to ride the bus to Crystal. \$_____ \$20 or \$30

(Bfr: Nov 15) (Afr: Nov 15)



Yes, I own a helmet \$_____ TOTAL

No, but I will have one before boarding the bus!

**Helmets are required to be worn by all Vashon Ski School Participants!
Discount Helmets are available at Vashon Fire Station on Bank Road**

All sizes available (Child to Adult) for \$20 M-F 8 AM-5 PM

Gear

Yes, I have my own Equipment

No, I do not have Equipment. I understand it is my responsibility to have acquired the appropriate Equipment by Jan 7.

Season Lift Pass

Yes, I am purchasing a discounted Season pass for the lift
(a current picture of the pass holder is required)

No, I will acquire my own daily lift tickets/or seasons pass

Yes, I already have a 2011/2012 Season Pass at Snoqualmie

Financial Assistance

Yes I want to apply for a Reduced Fee Award

Reduced Fee applications are available at Vashon Park District.

Reduced Fee Awards are limited to 50% of the total cost of this program,
Including: Lessons, Bus and Season Lift Passes.

Yes I would like to use a Payment Plan

Payment Plans lets you spread the cost over 2.5 months.

Outstanding balances must be paid in full by February 18, 2012.

Payment Plan Forms are available at Vashon Park District.

How did you hear about this program?

- Newspaper
- Website
- School Registration Packet
- Mass Email
- Poster
- Word-of-mouth
- Billboard
- Repeat session
- Other _____

Registration Deadline is December 15

**All forms and payments must be turned in to
Vashon Park District Office at Ober Park by 3 p.m.**

Friend us on facebook



Vashon Ski School Code of Conduct

The following is required to participate in Vashon Ski School:

- 1.) Approved safety helmet must be worn by students/adults while skiing or snowboarding or during any Vashon Ski School on slope activity.
- 2.) Daily Ticket or Season Lift Pass must be worn at all times while on the mountain whether skiing, snowboarding or just hanging out.

The following is prohibited while participating with Vashon Ski School

- 1) Loud talking, shouting, screaming, shoving, fighting or throwing things.
- 2) Bodily hygiene that constitutes a nuisance to others.
- 3) Dressing inappropriately for weather conditions.
- 4) Not following the Skier/Snowboarder Responsibility Code as set forth by the ski area.
- 5) Verbally or physically harassing or threatening others.
- 6) Sexual misconduct or harassment (i.e. exposure, offensive touching)
- 7) Stealing or damaging property.
- 8) Use of tobacco, alcohol, or non-authorized medicines or drugs.
- 9) Possession of any weapon or firearm, whether real or a facsimile.
- 10) Skiing or Snowboarding outside of ski area boundaries or in areas marked as closed, off-limits or out of bounds.
- 11) Leaving Summit West and going over to Summit Central or Alpental without signing out or notifying a Board Member or Chaperone.
- 12) Students leaving the Ski Area, bus, or ferry, either alone, accompanied with a friend or an unapproved parent or guardian. This includes crossing the main road to the gas station or Pancake House, which are off limits.

Violations of 1 thru 6, plus 10, 11 and 12 are subject to **disciplinary actions** at the discretion of Vashon Ski School Board. You will be put on probation for three weeks, after which violation will be nullified.

Second Violation can result in **immediate termination** of participation in Vashon Ski School activities, and all fees will be forfeited. Student may be escorted back to Vashon by two adults, their parents, police, or made to wait with an adult for the return bus trip home.

Violations of 7, 8, and 9 will result in **immediate termination** of participation in Vashon Ski School activities, and all fees paid will be forfeited. Student will be escorted back to Vashon by two adults, their parents, police, or will wait with an adult for the bus trip home.

I, _____ hereby acknowledge that I have read the above and I or my child, will conduct ourselves in accordance with these rules while participating in Vashon Ski School.

Signature _____

Date: _____

Concussion Information Sheet

WHAT IS A CONCUSSION?

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. You can’t see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

If your child has experienced a bump or blow to the head during an athletic activity, look for any of the following signs and symptoms of a concussion:

Signs Observed by Parents or Guardians	Symptoms Reported by Athlete
<p>Appears dazed or stunned</p> <ul style="list-style-type: none">• Is confused about assignment or position• Forgets an instruction• Is unsure of game, score, or opponent• Moves clumsily• Answers questions slowly• Loses consciousness (even briefly)• Shows behavior or personality changes• Can’t recall events prior to hit or fall• Can’t recall events after hit or fall	<ul style="list-style-type: none">• Headache or “pressure” in head• Nausea or vomiting• Balance problems or dizziness• Double or blurry vision• Sensitivity to light• Sensitivity to noise• Feeling sluggish, hazy, foggy, or groggy• Concentration or memory problems• Confusion• Does not “feel right”

HOW CAN YOU HELP YOUR CHILD PREVENT A CONCUSSION?

Every sport is different, but there are steps your children can take to protect themselves from concussion.

- Ensure that they follow their coach’s/Adults rules for safety and the rules/code of the sport.
- Encourage them to practice good sportsmanship at all times .
- Make sure they wear the right protective equipment for their activity (such as helmets, padding, shin guards, and eye and mouth guards). Protective equipment should fit properly, be well maintained, and be worn consistently and correctly. Learn the signs and symptoms of a concussion.

WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

1. Seek medical attention right away. A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.
2. Keep your child out of play. Concussions take time to heal. Don’t let your child return to play until a health care professional says it’s OK. Children who return to play too soon-while the brain is still healing-risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.
3. Tell your child’s coach about any recent concussion. Coaches should know if your child had a recent concussion in ANY sport. Your child’s coach may not know about a concussion your child received in another sport or activity unless you tell the coach.

Up to date info on concussions can be found at: www.cdc.gov/ConcussionInYouthSports

This is to certify that I have read and understand this concussion information provided by Vashon Park District.

My Child’s Name: _____

Program in which my child is participating: *Vashon Ski School*

Parent/Legal Guardian Signature

Print Name

Date



Vashon Park District

Official Use Only

Vashon Staff Use

Vashon	Winter 2012	Lessons: Yes	NO	\$ _____
Ski	Helmet: Yes NO	Ski Bus: Yes	NO	\$ _____
School	Crystal Day Trip: Yes No	Season Lift Pass: Y	No	\$ _____
	Form: SMW _____	VSSCode _____	CCF _____	VPD _____
		PP _____	RFA 25%	50%

Payment Date: _____ Amt: _____ TYPE: _____ CC _____ CHK# _____ Cash _____ Web _____

Registration Information: Please complete side 1 and 2 of this form. If you have a Park District On-line Profile fill out the * lines on side 1 and **all** of side 2. Be Sure to **read** and **sign** all the waivers, disclaimers and releases on side 2.

* Name of Participant: _____

* Date of Birth: _____ Grade: _____ Age _____

* Parent or guardian name: _____

* E-mail: _____ I do not wish to Receive promotional e-mail

Primary phone: _____

Secondary phone: _____ Other phone: _____

Mailing address: _____

Home address if different from above: _____

Emergency contact: _____

(Emergency contacts are **alternates** to the parent/guardian. List at least ONE.)

Phone: _____ Relation: _____

Emergency back-up contact: _____

Phone: _____ Relation: _____

I DO or DO NOT have any medical conditions.

Please list all medical conditions: _____

Doctor name: _____ Doctor phone: _____

Location: _____

How did you hear about this program? Newspaper Website Mass email Poster

School registration packet Word of mouth Billboard Repeat session Other

Yes! I want to spread my payment over the course of this Program. Please give me a **Payment Plan** form

Payment Plans are a contract promising to pay scheduled installments to be completed at the conclusion of this program.

Yes! I would like to apply for a **Reduced Fee Award**. Applications are available upon request in the VPD office. Proof of household income is required and valid for up to 6 months.

Yes! I want to **donate** VPD's Reduced Fee Awards Fund. Amount: _____ Thank you!

Disclaimer, Release and Waivers

Vashon Park District Refunds & Cancellations: Refunds will be issued only if requested no fewer than 7 business days prior to program start date OR in the event of documented medical reason or significant family emergency. ALL refunds will be assessed a \$25 processing fee.

Disclaimer: In consideration of the Vashon Park District allowing my participation in this class, I hereby consent to such participation, acknowledging the risks involved and assuming all such risks. I agree to release, indemnify and hold the Vashon Park District, their commissioners, coaches, instructors, volunteers, organizers, agents and employees, harmless from and against any and all claims, actions, suits, losses, liability, costs, expenses, and damages of any nature whatsoever, including costs and attorneys fees in defense thereof, for injuries, sickness, or death, which are caused by, or arise out of my participation in any portion of the program or any activity incidental thereto, provided, that nothing herein requires me to release, indemnify or defend for injuries, sickness or death caused by or arising out of the sole negligence of the Vashon Park District, their commissioners, employees or agents.

Signature: _____ Date _____

(Parent/Guardian/Participant if 18+ years old signature)

Please print name _____

Photo Release:

I hereby give to Vashon Park District, its designees, agents, and assigns, perpetual, non-exclusive, royalty-free, and unlimited permission to use, publish and republish reproductions of my or my children's likeness (photographic or otherwise), with or without identification of me or them by name, in print, electronic, or any other medium, including but not limited to our web site and in any publicity or other materials.

Consent of parent or legal guardian if above individual is a minor

I consent and agree, individually and as a parent or legal guardian of the **minors name listed below**, to the foregoing terms and provisions.

1) _____ 2) _____ 3) _____

Signature of Parent or Legal Guardian

Date

Relationship to minor

Concussion Waiver:

I, _____, have read and understand the **Concussion Information sheet** provided by Vashon Park District and hereby release VPD, the VI School District, their employees, agents, volunteers, and designees from any liability related to my child suffering a Concussion/Head Injury while engaging in this activity. Parent/Guardian Initial _____

Mail completed form to: VASHON PARK DISTRICT, P.O. BOX 1608 Vashon, WA 98070 or

Place in the secure mail slot drop box on the north entrance of the District Office at Ober Park facing the parking lot



Vashon Ski School Program Registration: Must be complete by all participants

(Yes, one more form but the last one!)



Student last name	first name	male/female	age	birth date (____/____/____)
Address		city	zip	
Home phone		day/cell phone		
Parents names	<input type="checkbox"/>	Discount Pass List	<input type="checkbox"/>	Race Day Waiver

Yes Sign me up for Lessons
Please enroll me in:

Snowboarding \$170.00

- New to snowboarding
- Able to use lifts and ride easy green terrain
- Able to make turns on green terrain
- Comfortable riding blue terrain
- Comfortable riding black terrain
- Able to handle anything on the mountain

No I am Not taking Lessons

Ski Classes \$170.00

- Never Skied
- Gliding Wedge (rope tow/magic carpet)
- Wedge Turns (easy green terrain)
- Wedge Christy (all green terrain)
- Almost Parallel (blue terrain)
- Parallel (easy blk terrain)
- Strong Parallel (blk terrain)
- Advanced (blk terrain most conditions)

About Ski Masters: All classes are taught by the professional staff. Class limited to 8 students, affording personal attention to create an effortless learning experience. Classes run from **12:30–2:30** pm for 7 Saturdays beginning January 8, 2011.

No classes on President's Weekend, February 18, 2011

I like to ski/ride:
 ___ Fast ___ Moderate ___ Cautious
Please put me in class with:

Liability Signature: I have read, understood, and accepted the conditions of the Participation Agreement and Liability Release printed on the reverse side of this form. Applicants must sign below. If younger than 18, parent/guardian signatures are required.

Student Signature _____ **Date** _____

Parent/Legal Guardian Signature _____

Ski Masters

PARTICIPATION AGREEMENT: Class and bus spaces are reserved for the entire session. There are no refunds or make up sessions if a student misses a day. Lessons and bus rides are not transferable. If a session is postponed due to weather conditions, the program will automatically be extended until all sessions are completed. If the program cannot be completed by April 1st, any unused tuition will be credited to the following year. Refunds are only given for documented illness, injury, or relocation from the area. A \$20 per individual administration fee will be charged when issuing a refund for any reason.

INSURANCE: All students should have medical insurance to cover any accident which may occur.

RELEASE OF LIABILITY: I agree that I will not sue or make a claim against Ski Masters Ski School, Inc., Vashon Park District, Vashon Ski School, Boyne USA Inc., or any of its owners, officers, agents, or subsidiaries, including but not limited to, Ski Lifts Inc., Crystal Mountain, Inc., and the U.S. Government or any of (their/its) employees, agents contractors, subsidiaries, officers (“Released Parties”) for any loss, injury or damage resulting from any cause including negligence, which arises out of my participation in any activity at the ski area, including but not limited to, use of the slopes, equipment, or any of the facilities or services on the premises.

I further agree to RELEASE, HOLD HARMLESS, and INDEMNIFY Ski Masters Ski School, Inc., Vashon Park District, Vashon Ski School, Boyne USA Inc., or any of its owners, officers, agents, or subsidiaries, including but not limited to, Ski Lifts Inc., Crystal Mountain, Inc., and the U.S. Government or any of (their/its) employees, agents, contractors, subsidiaries, officers (“Released Parties”) for any loss, injury or damage which arises out of my participation as described above. This release is also binding as to any other person, including all family members, heirs, and executors.

If I am signing on behalf of a minor: I accept full responsibility for all medical expenses and claims related to the minor’s participation in any activity as described above. I agree to RELEASE, HOLD HARMLESS, and INDEMNIFY the Released Parties from all claims brought by or on behalf of the minor.